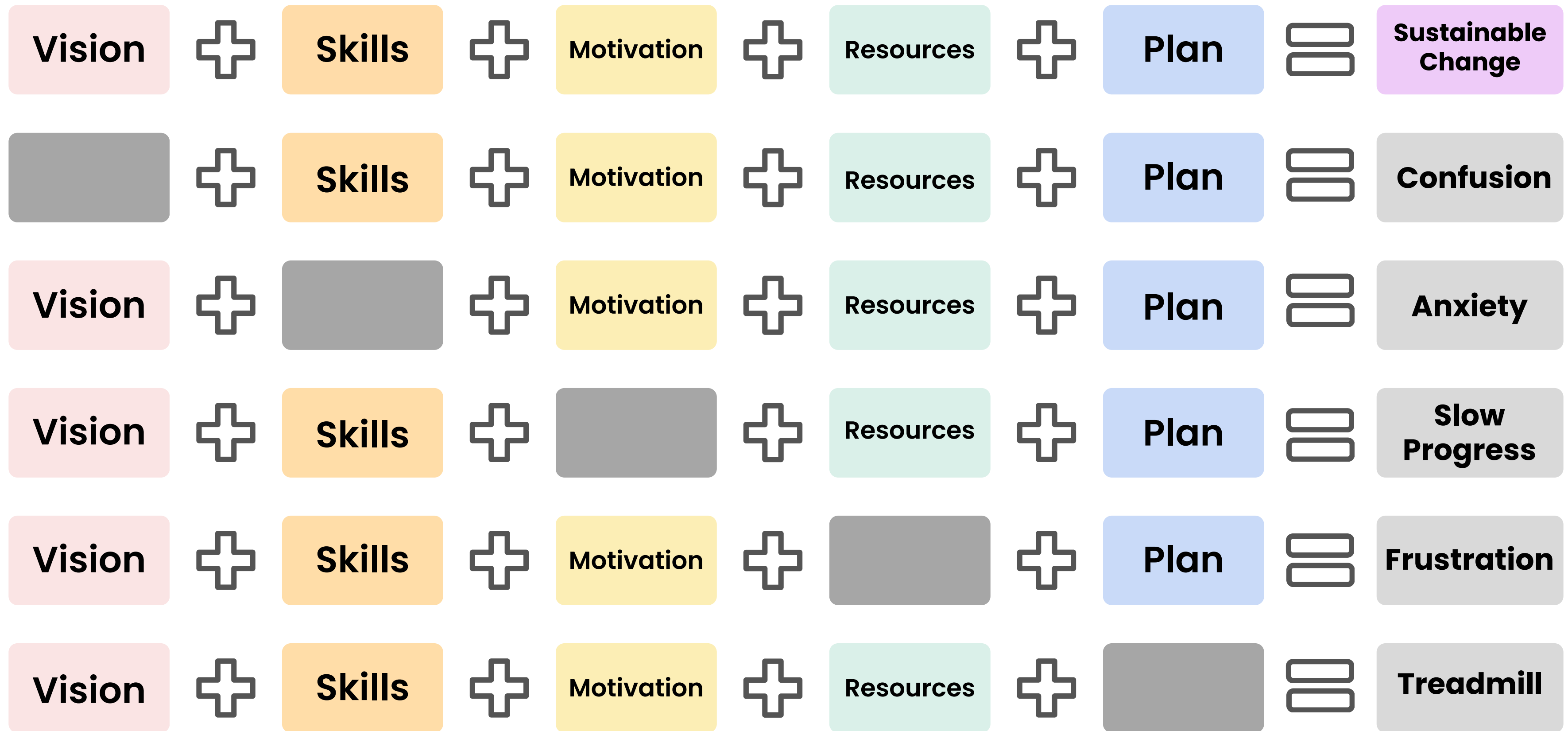


MODEL OF SUSTAINABLE CHANGE



Vision: The “why are we doing this?” To combat confusion

Resources: Tools and time needed to combat frustration

Skills: The competence needed to combat anxiety

Motivation: Reasons, perks, advantages to combat resistance